

# Syracuse Chargers Summer Track Meet

**Sanctioned**  
USATF Rules on all events

**Location:** Jamesville-DeWitt High School\*  
**Dates:** Monday: July 14, 21 and 28, 2008  
**Registration:** 5 – 6 p.m. **Starting Time:** 6 p.m. *sharp*  
**Entry Fee:** None **Awards:** None \*Jamesville-DeWitt High School, 6845 Edinger Drive, DeWitt

Competitors may enter a **maximum of three events** per meet.

**Age Group Categories:** 7 & under; 8-9; 10-11; 12-13; 14-15; 16-17; 18-29 (open); then 5-year age groups. Separate men's and women's divisions in all age groups.

## Order of Events (tentative subject to available volunteers)

Monday, July 14	Monday, July 21	Monday, July 28
1 mile/2 mile	1 mile /2 mile	1 mile/2 mile
400m	200m	400m
100m	800m	100m
High Jump	High Hurdles	High Jump
Long Jump/Triple (13+)	Long jump/Triple (13+)	Long Jump/Triple (13+)
Pole Vault	High Jump	Pole Vault
Shot Put	Pole Vault	Shot Put
4 x 200	4 x 100	4 x 400

Please bring your own equipment and offer to help when possible. **Hurdlers:** please know your hurdle heights & distances for your age. **Pole vaulters:** please arrive early to help with set-up and plan to stay for take down. Helmet strongly suggested. **Four jumps and four throws** per competitor.

**Questions:** Mark Driscoll (H 449-9615) [mdriscol@syr.edu](mailto:mdriscol@syr.edu) or [www.syracusechargers.org](http://www.syracusechargers.org) for possible changes.

### Syracuse Chargers T&F Meet – Jamesville-DeWitt High School – July 14, 21 and July 28, 2008

Name: \_\_\_\_\_ M\_\_\_\_ F\_\_\_\_ Age: \_\_\_\_\_ Birth date: \_\_\_\_\_  
 Address: \_\_\_\_\_ Club/School: \_\_\_\_\_  
 \_\_\_\_\_ Phone: \_\_\_\_\_

(Persons 17 years of age and younger – list parent's or guardian's name and address if different from above.)

**Acknowledgment, Waiver and Release from Liability:** I acknowledge that participation in this developmental track meet is potentially hazardous and includes the possibility of death, serious injury and property loss. I attest and verify that I or the above named child is medically able to safely compete in these events. I assume all of the risks associated with my participation or that of my child in this series of meets, including, but not limited to, falls, actions or contacts with other participants, volunteers, and spectators. I am aware that the medical support for this meet will be personnel who will be prepared to administer first-aid assistance only. I agree to abide by any decision of a meet volunteer relative to my ability or that of my child to safely complete any of the events. I also grant full permission to any and all of the foregoing to use any photographs of this event for any purpose whatsoever.

Having read this waiver and knowing these facts, and on conditions of your accepting mine or my child's participation, I, myself, and anyone entitled to act on my behalf, waive, release, and discharge the Syracuse Chargers Track Club and its directors, officers, and volunteers, USATF, Jamesville-DeWitt High School, and all other sponsors, and their representatives from all claims and liabilities of every kind or nature whatsoever arising out of my participation or my child's participation in this track and field meet.

I hereby certify that I have read all of the terms and conditions of this release and intend to be legally bound thereby.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(Signature of Participant)  
 \_\_\_\_\_ Date: \_\_\_\_\_  
(Signature of parent or guardian for all participants age 17 or younger.)