

Onondaga Lake Park Thursday Night Fun Run August 10, 2023

It was a rainy evening. A thunderstorm before the run time limited participation.

400 Meters

Name	Time	Age
none		

2 Miles

Name	Time	Age
Paul Cianfrocca	16:23	59
Richard Bower	19:07	51
Dan Kanaly	30:30	75

5K

Name	Time	Age
Sid Gaelladurat	25:57	28
Messiah Smart	26:13	

8K

Name	Time	Age
John Schaefer	46:36	51
Moe Colosi	48:50	70